

COVID-19 Bay Area Support Resources

Recursos de apoyo del área de la bahía COVID-19

- **COVID-19 Bay Area Support Resources:** <https://bayrising.org/covidhelp/>
This list contains resources on where to access food, healthcare (including mental health), support for renters, support for domestic abuse, support on immigration issues and many other topics.
- **COVID-19 Relief Funds:** <https://legalaidatwork.org/blog/relief-funds/>
This is a list of relief funds for undocumented workers across California.
- **COVID-19 informational videos in Latin American indigenous languages:** <https://bit.ly/covid-lenguas-indigenas>
- **General information on essential needs:** <http://211.org/services/essential-needs>
- **Free Health Care Services - Free Clinic Directory:** <https://freeclinicdirectory.org/>
- **Free Meals** for children under 18:
 - <https://www.sfusd.edu/services/health-wellness/nutrition-school-meals>
- **Free groceries:**
 - <https://foodlocator.sfmfoodbank.org/>
 - <https://womensbuilding.org/programs/calfresh-food-pantry/>
- **City services open during COVID-19 outbreak:** <https://sf.gov/city-services-during-coronavirus-outbreak>
- **SF emergency childcare services:** <https://www.dcyf.org/care>
- **California Financial Assistance:** Distributed by Catholic Charities in SF **415-324-1011**

Housing:

- Tenant information and resources at <http://sfadc.org/>
- Drop-in and telephone tenant counseling in English, Spanish, Chinese:
 - Monday through Thursday, 1-5pm

Housing Rights Committee of SF (HRCFSF): 415-703-8644

- **Recursos de apoyo del área de la bahía COVID-19:** <https://bayrising.org/covidhelp/>
Esta lista contiene recursos sobre dónde acceder a alimentos, atención médica (incluida la salud mental), apoyo para inquilinos, apoyo para abuso doméstico, apoyo en temas de inmigración y otros temas.
- **Fondos de ayuda COVID-19:** <https://legalaidatwork.org/blog/relief-funds/>
Esta es una lista de fondos de ayuda para trabajadores indocumentados en California.
- **Videos informativos de COVID-19 en lenguas indígenas latinoamericanas:** <https://bit.ly/covid-lenguas-indigenas>
- **Información general sobre necesidades esenciales:** <http://211.org/services/essential-needs>
- **Servicios de atención médica gratuitos - Directorio de clínicas gratuitas:** <https://freeclinicdirectory.org/>
- **Comidas gratis para niños menores de 18 años:**
 - <https://www.sfusd.edu/services/health-wellness/nutrition-school-meals>
- **Abarrotes gratis:**
 - <https://foodlocator.sfmfoodbank.org/>

- <https://womensbuilding.org/programs/calfresh-food-pantry/>
- **Servicios de la ciudad abiertos durante el brote de COVID-19:** <https://sf.gov/city-services-during-coronavirus-outbreak>
- **Servicios de cuidado infantil de emergencia de SF:** <https://www.dcyf.org/care>
- **Ayuda Financiera:** Distribuido por Caridades Catolicas en SF 415-324-1011

Alojamiento:

- **Información y recursos para inquilinos** en <http://sfadc.org/>
- **Asesoramiento telefónico y para inquilinos en inglés, español y chino:**
 - lunes a jueves, 1-5pm
 - Comité de Derechos de Vivienda de SF (HRCSF): 415-703-8644